



## **HRT INFORMATION AND REMINDERS**

- \* Labs are needed every 91 days to maintain enrollment in the HRT program. No appointment is needed. You can come in Monday-Friday 8am-11am and Saturday 9am-11am fasting for your lab work when it is due.
  - Updated labs are needed to complete any refill requests or to purchase injectables.
- \* If you order pellets- these will ship directly to your home. Once you receive them, please email or call so that we can schedule your appointment for implant.
  - Don't open the pellets when you receive them. Frequently the small wrapped items are thrown away by accident.
- \* All injectables come with instructions. The medication will have a label telling you how to take the medication just as a normal prescription would
- \* Some injectables are delivered to your home and some are purchased in clinic.
- \* Injectables can take approximately 1 week or more to ship out due to the number of orders the pharmacy has to compound. We have no control over this time frame.
- \* There are no refunds on any supplements, injectables or peptides. This includes pellets.
- \* Please reach out to the HRT team directly at [hrt@qcmedicalgroup.com](mailto:hrt@qcmedicalgroup.com) for any questions, orders, concerns or scheduling requests.